

Salads and Soups

from 11am

-  **Avocado, Quinoa and Feta Bowl** CN, GFOA 22
walnut, blueberry, tomato, baby spinach, romaine lettuce, pomegranate, lemon miso dressing
- Spiced Cauliflower** CN, V, GFOA 21
pomegranate, avocado, almonds, red cabbage, baby spinach, mint yoghurt and molasses dressing, sumac spice
- Classic Caesar Salad** GFOA 19
romaine lettuce, nitrate-free bacon, poached egg, parmesan, garlic toast
- Chef's Soup of the Day** DF, GF, VG 12
sourdough or gluten-free bread

Add to your salad

- Smoked Salmon** GF 9
- Chicken Breast** GF 8
- Tempeh** VG, GFOA 5
- Homemade Falafel** VG, GFOA 6

Asian

from 11am

-  **Chicken and Cauliflower Rice** CN, DF, GFOA 27
pan-seared chicken breast, romaine salad, almond chili pesto, ginger, coriander
- new!* **Chilli Crab Pasta**  DF 30
spaghetti, crab meat, homemade chilli crab base, fried mantou, coriander salad
-  **Chickpea and Mushroom Coconut Curry** CN, VG, GFOA 24
pickled slaw, Fable mushrooms, pomegranate, cauliflower rice, cashew, poppadom
- Barbecued Pork Rack**  32
Korean glaze, BBQ sauce, sesame seeds, spring onion, house salad
- Sesame Tuna Tataki and Soba** 24
wakame, avocado, edamame, lettuce, green mango, ginger soy dressing
- new!* **Mussels Sambal Cream**  GFOA 24
NZ greenshell mussels, sambal, cream, pita bread

*gluten-free bread available upon request

Mains

from 11am

- Chicken Breast Barley Risotto** 29
pan-seared chicken breast, root vegetables, feta, kale, white wine
 - Fish and Chips** GFOA 30
sustainable sea bass, house salad, tartar sauce
choice of: beer battered | pan-seared
 - Caribbean Jerk Chicken**  DF 30
grilled half chicken, charred greens
-Please allow at least 25 mins wait time
 - Pan-Seared Salmon** DF, GF 36
homemade avocado salsa, mandarin orange gel, coriander
 - Smash Burger**  28
grass-fed beef (AUS), cheese, lettuce, pickled cucumber, tomato, sriracha mayo, shoestring fries
GFOA with GF buns +2
 - Steak Frites** GFOA 32
grass-fed striploin 250g (AUS) steak, salt, shoestring fries
 - new!* **Chicken Avocado Sandwich**  GFOA 24
sourdough, sliced avocado, sriracha aioli, cheddar, sliced tomato, house salad
 - new!* **Braised Lamb Leg**  GFOA 32
lamb barbacoa, cucumber pico de gallo, flour tortilla, pickled onion, purple cabbage, lime
- ## Pasta
- GFOA from 11am
- new!* **Confit Yellowfin Tuna Arrabbiata**  26
fettuccine, spicy tomato sauce, Kalamata olives, fried capers, arugula, Grana Padano
 - Mushroom Medley Aglio Olio Orecchiette**  VG 24
mixed mushrooms, green asparagus, garlic sun-dried tomato, baby spinach, chilli flakes, parsley
 - Tiger Prawn Fettuccine**  29
tiger prawns, onion marmalade, prawn stock, cherry tomato, bird's eye chilli, sesame pangrattato
 -  **Ox Cheek and Mushroom Pappardelle** 28
plum tomato stew, mixed mushrooms, Grana Padano
- *gluten-free pasta available upon request



All prices are subject to prevailing GST and service charge.

Despite every effort, small traces of egg, meat, seafood, flour and nuts may cross contact. If you have an allergy, please approach our team for assistance before ordering.

CN - Contain Nuts DF - Dairy-free GF - Gluten-free GFOA - Gluten-free option available VG - Vegan V - Vegetarian

Scan for digital menu and more information about our dishes



Breakfast



till 2pm

Organic Açai Bowl DF, CN, VG	18
granola, banana, strawberry, mango, coconut GFOA with GF granola +1	
Homemade Granola Bowl CN, V	17
Greek yoghurt, seasonal fruits, honey GFOA with GF granola +1	
Smoked Salmon Bagel	21
smoked salmon, avocado, cucumber, dill cream cheese, pickled onion, capers, tomato GFOA with GF buns +2	
Steak and Eggs GF	26
rump steak, eggs how you like them	
Shakshuka GFOA	20
marinated tomato, avocado, coddled eggs, feta, sourdough	
Avocado Smash on Sourdough CN, GFOA	23
poached eggs, feta, tomato, dukkah	
The Ultimate Grilled Cheese Sandwich V	22
oak smoked cheddar, gruyere, emmental, rosemary sourdough, house salad	
B.L.A.T.E.	21
nitrate-free Bacon, Lettuce, Avocado, Tomato, Egg, cheddar, homemade BBQ sauce, brioche bun GFOA with GF buns +2	
<i>new!</i> Pistachio and Berries French Toast CN, V	22
crispy kataifi, mixed berries, white chocolate ganache	
Eggs Benedict on Toasted Croissant VG, GFOA	24
choice of: nitrate-free ham / smoked salmon / spinach and mushroom	
BREAKFAST PLATTER	30
<i>A hearty way to start your day. Choose from:</i>	
Aussie DF, GFOA	
2 eggs, beans, portobello, tomato, free-range pork sausage, nitrate-free bacon, sourdough	
Vegan VG, GFOA	
portobello, kale, tempeh, beans, tomato, avocado, sourdough	
Keto GF	
2 eggs, avocado, portobello, kale, tomato, nitrate-free bacon, free-range pork sausage	

*gluten-free bread available upon request

little farms

Bakery

Banana Bread Slice VG	4
Croissant with Butter and Jam V	6
Pain Au Chocolat V	5.5
Blueberry Muffin V	6
Chocolate Peanut Butter Muffin VG, CN	7
Chocolate Sea Salt Cookie	4
Peanut Butter Cookie VG, CN	4
Cranberry Scone V	5.5
Ham and Cheese Croissant	11
Cranberry Oat Granola Cookie	5
Caramel Swirl Muffin	6

*gluten-free option available at the display

Baked Fresh Daily

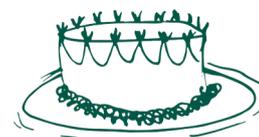


Desserts



Bailey's Tiramisu	12
NY Cheesecake	10
Old Fashioned Carrot Cake CN	10
Chocolate Flourless Praline CN, GF	10
Chocolate Lava Cake CN	14
Little Farms Pavlova CN, GFOA <i>from 11am</i>	12
whipped mascarpone, mixed berry compote, Little Farms berries, granola	

Browse our cake display for seasonal treats



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Build your own breakfast

2 Sourdough Toast with Butter and Jam 2 V, GFOA	8
Barossa Eggs GF	5
Free-range Pork Sausage GF	7
Nitrate-free Bacon GF	7
Avocado VG, GF	6
Portobello VG, GF	7
Baked Beans VG, GF	6
Halloumi V, GF	8